



Regional Superteams 2023

Inverclyde Heat

May 21st

Information

Inverclyde AC is delighted to welcome your club and athletes to the Superteams Regional Heat being at Ravenscraig Stadium, Greenock. PA16 0JE

We have 127 young athletes entered from 8 clubs.

Athletes have been placed into 1 of 7 groups and will move around their 3 individual events in this group. There is an 8th group of younger athletes who are not counting in the Superteams results.

Declarations are open from 10:00am – 10:30am

Team Managers will receive a pack on arrival at Ravenscraig which will have all their athletes bib numbers. Athletes should report to their team Manager on arrival at Ravenscraig Stadium.

Only team Managers and club helpers wearing wristbands issued will be allowed in the event areas with the teams. Spectators can either sit in the stand or around the outside of the track. Spectators must avoid congregating in the area under the stand which has been designated for Assembly.

As at all regional heats, athletes will compete as individuals with the scores at the end of the event automatically determining the club teams. The top 8 teams from our heat will qualify for the final.

Each club can have a maximum of 2 teams qualifying.

The top 3 scoring individual boys & girls and the top 3 teams will receive regional medals on the day. The top 8 teams will also receive certificates.





Toilets. Athlete toilets can be accessed at either end of the stand. Adult toilets and Disabled toilets are available on the ground floor of the stadium.

Parking

There is a large car park in front of the stadium. There is also one to the side of this. No football matches are being played in the adjacent school pitches so there should not be a problem with parking.

Hospitality. There will be a tea/coffee stall with sandwiches and home baking.

Please use this link to access the event on Open Track for start lists and results.
<https://data.opentrack.run/en-gb/x/2023/GBR/regst4/>

Inverclyde AC
May 18th, 2023